

Cross-linking in Hydrogels - A Review

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Abstract Hydrogels represent a class of high water content polymers with physical or chemical crosslinks. Their physical properties are similar to soft tissues. Cross linking is a stabilization process in polymer chemistry which leads to multidimensional extension of polymeric chain resulting in network structure. Cross-link is a bond which links one polymer chain to other. It can be ionic or covalent. Cross linking changes a liquid polymer into 'solid' or 'gel' by restricting the ability of movement. When polymer chains are linked together by cross-links, they lose some of their ability to move as individual polymer chains. A liquid polymer (where the chains are freely flowing) can be turned into a 'solid' or 'gel' by cross-linking the chains together. Cross linking increases the molecular mass of a polymer. Cross-linked polymers are important because they are mechanically strong and resistant to heat, wear and attack by solvents. However, the drawback associated with cross-linked polymers is that they are relatively inflexible when it comes to their processing properties because they are insoluble and infusible.

Keywords Hydrogels, Cross linking, Gel, Polymer

1. Introduction

Hydrogels are crosslinked hydrophilic polymer structures that can imbibe large amounts of water or biological fluids. Hydrogels are one of the upcoming classes of polymer-based systems that embrace numerous biomedical and pharmaceutical applications. Because of their inherent property of biocompatibility they offer good opportunities as protein delivery systems or tissue engineering scaffolds. Their hydrophilic, soft and rubbery nature ensures minimal tissue irritation and a low tendency of cells and proteins to adhere to the hydrogel surface.

The use of hydrogel for biomedical applications dates back to 1960 when Wichterle and Lim developed crosslinked poly (hydroxyethyl methacrylate) (pHEMA) [1]. First synthetic hydrogels of HEMA with EGDMA (Ethylene glycol di-methyl acrylate) as cross-linker were prepared for biological use and later used for production of contact lenses [1].

Because of their versatile and unique properties, hydrogels have vast potential applications, including soil/water stabilization layers in farming and civil engineering structures [2], soil conditioners, controlled release of fertilizers [3,4], fiber and metallic cable sealing [5], in water technologies [6], thickening agents for cosmetics [7], in drug delivery systems [8] and in many other fields. One of the most dynamic fields in which the super-absorbent hydrogels

play the principle role is in the manufacture of personal care products such as feminine hygiene products, adult incontinence products and disposable diapers [9].

2. Significance of Crosslinking

Adding cross-links between polymer chains affect the physical properties of the polymer depending upon the degree of cross linking and presence and absence of crystallinity. Cross linking results in:

i) **Elasticity** (they can stretch and return to their original form). Elastomers are elastic polymers created by limited cross-linking. As the number of cross-links increases, however, the polymer becomes more rigid and cannot stretch as much; the polymer will become less viscous and less elastic and might even become brittle.

The vulcanization or sulfur curing of rubber, for example, results from the introduction of short chains of sulfur atoms that link the polymer chains in natural rubber. Bridges made by short chains of sulfur atoms tie one chain of polyisoprene to another, until all the chains are joined into one giant super molecule. The chemical process of vulcanization is a type of cross-linking which increases the strength of rubber. It makes rubber hard and durable material associated with car and bike tires.

ii) **Decrease in the viscosity** (the resistance to flow) of polymers. In order for polymers to flow, the chains must move past each other and cross-linking prevents this. As a result of restriction in flow there is improvement in the creep behavior.

iii) **Insolubility of the polymer**. Cross linking results in insolubility as the chains are tied together by strong covalent

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bonds. Crosslinked materials can't dissolve in solvents, but can absorb solvents. Crosslinked material after absorbing lot of solvent is called a *gel*. For example crosslinked polyacrylamide gel. Uncrosslinked polyacrylamide is soluble in water, and crosslinked polyacrylamides can absorb water but is insoluble. Water-logged gels of crosslinked polyacrylamides are used to make soft contact lenses.

iv) **Increased T_g and increase strength and toughness.** Crosslinking changes the local molecular packing, resulting decrease in free volume, leading to increase in T_g . PVA crosslinked with boric acid showed increased glass transition temperature [10]. Cross-links slow down the PVA molecular motion and must not be included in the crystalline domains.

v) **Lower melting point.** For crystalline polymer with low

degree of cross linking there is a decrease in the crystalline behavior, as cross linking introduces hindrance to the chain orientation resulting in softer, elastic polymer having lower melting point.

vi) **Transformation of thermoplasts into thermosets.** Heavy cross-linking changes thermoplasts to thermoset plastics. Once the cross-links form, the polymer's shape cannot be changed again without destroying the plastic. Unlike thermoplastic polymers, the process cannot be undone by reheating; thermoset plastics will start to decompose rather than becoming moldable and pliable. The first thermoset was polyisoprene. More the sulfur crosslinks put into the polyisoprene, the stiffer it gets. Lightly crosslinked, it's a flexible rubber. Heavily crosslinked, becomes a hard thermoset.

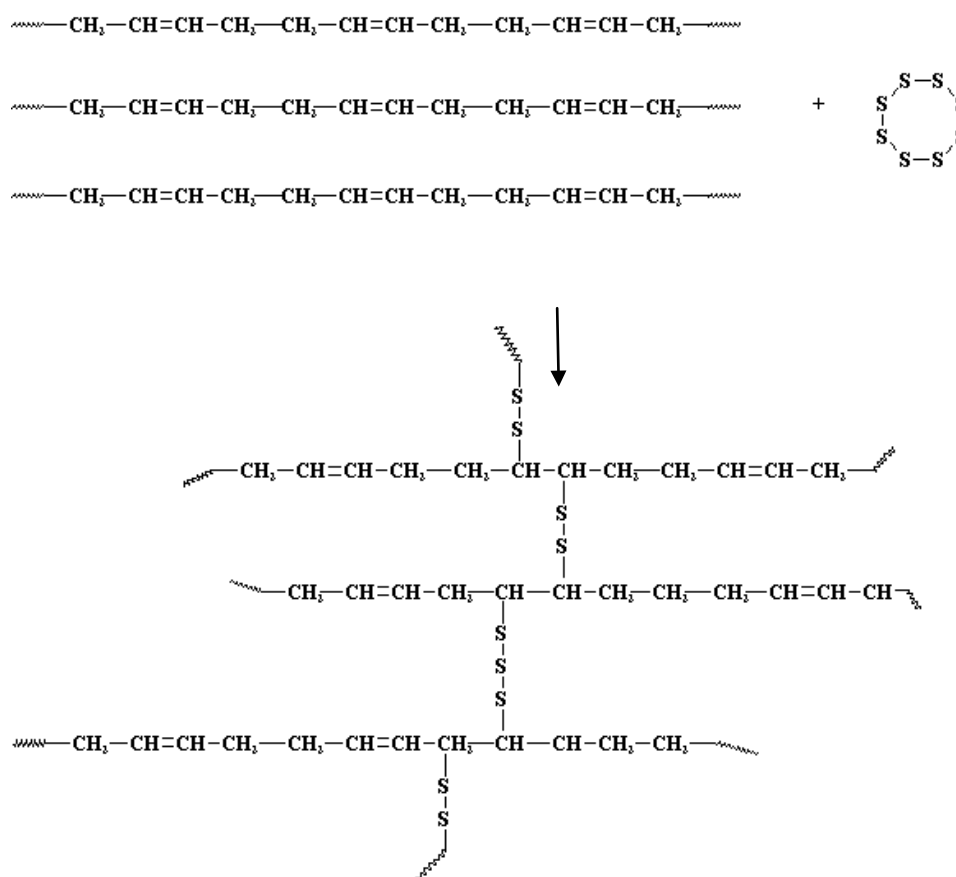


Figure 1. Vulcanization of rubber

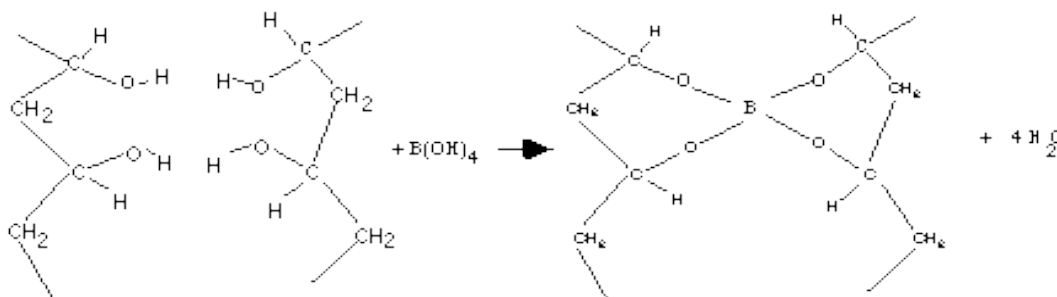


Figure 2. Reaction of PVA with boric acid

3. Methods of Crosslinking

Depending upon the nature of the polymer, different techniques may be used to cause cross linking. Cross-linking may occur through polymerization of monomers having functionalities more than two (by condensation) or by covalent bonding between polymeric chain through irradiation, sulphur vulcanization or chemical reactions by adding different chemicals in conjunction with heating and, sometimes, pressure. In all cases, the chemical structure of the polymer is altered through the cross linking process. Cross linking by irradiation is done by using high-energy ionizing radiation, like electron beam (e-beam), gamma, or x-ray. Gamma irradiation is usually most economical at lower doses (~80 kGy and below) and for large, high density parts. Electron beam is commonly used for small parts, particularly low density parts, and in linear product processed reel to reel (eg, wire, cable, tubing).

4. Hydrogels and Crosslinking

The term “hydrogel” represent water insoluble polymeric network that has capacity to absorb large amount of water [11-15]. A hydrogel is a macromolecular polymer gel constructed of a network of crosslinked polymer chains. They are synthesized from hydrophilic monomers by either chain or step growth, along with a functional crosslinker to promote network formation. Synthetic or natural polymers, homopolymer or copolymer, are used to make three dimensional networks by molecular entanglements or by chemical crosslinking [16].

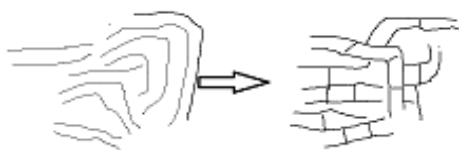


Figure 3. Cross-linking in polymer

The property of hydrogels to swell under biological conditions makes them an ideal class of materials for biomedical applications, such as drug delivery and tissue engineering [17–30]. Cross linking either physically or chemically gives hydrogel a 3D network structure, making it insoluble. This insoluble cross-linked structure allows effective immobilization and release of active agents and biomolecules. Hydrogels appear similar to natural soft tissues because of their high water content.

Classification of hydrogels: Hydrogels can be classified into physical and chemical hydrogels based on their cross-linking mechanism [19, 28]. Physical crosslinks include entangled chains, hydrogen bonding, hydrophobic interaction and crystallite formation. These physical crosslinks may not be permanent in nature, but they are sufficient to make hydrogels insoluble in an aqueous media. Physical crosslinking gives reversible hydrogels. Physical hydrogels can absorb the water but inhomogeneities or

network defects may occur due to free chain ends or chain loops [29, 30].

Chemical or permanent hydrogels are formed by covalent crosslinking of polymers [31]. One common way to create a covalently crosslinked network is to polymerize end-functionalized macromers [23, 27, 32].

Hydrogels are crosslinked with many compounds such as glutaraldehyde [33]. Some other crosslinking compounds are formaldehyde, epoxy compounds, dialdehyde [34, 35, 36].

A net-like structure along with void imperfections enhance the hydrogel's ability to absorb large amounts of water via hydrogen bonding.

The type and degree of crosslinking influences many of the network properties, like swelling properties, elastic modulus and transport of molecules [37]. Hydrogels can be prepared from natural, synthetic or synthetic/natural hybrid polymers.

A variety of polysaccharides like heparin, chitosan, dextran and alginate have been explored as hydrogels for tissue engineering owing to their good biocompatibility, biodegradability, as well as excellent gel-forming properties [38–42]. Polysaccharide hydrogels can be formed by covalent crosslinking, chemical conjugation, esterification and polymerization. In addition, polysaccharides have been combined with proteins such as collagen, gelatin, laminin and fibrin to form an interpenetrating network or composite hydrogels [43–51].

Protein-based hydrogels can be formed by thermal gelation and their mechanical properties can be enhanced using chemical crosslinkers such as glutaraldehyde.

Synthetic polymers possess more reproducible physical and chemical properties compared to natural, which is very important for the fabrication of tissue-engineering scaffolds. While designing a scaffold mechanical stability of the gel is an important consideration. The strength of hydrogels can be increased by incorporating crosslinking agents, comonomers, and increasing the degree of crosslinking [11, 49, 50].

Nonbiodegradable synthetic hydrogels can be prepared from the copolymerization of various vinylated monomers or macromers [52–60], such as 2-hydroxyethyl methacrylate (HEMA), 2-hydroxypropyl methacrylate (HPMA), acrylamide (AAm), acrylic acid (AAc), *N*-isopropylacrylamide (NIPAm), and methoxyl poly (ethylene glycol) (PEG) monoacrylate (mPEGMA or PEGMA), with crosslinkers, such as *N,N'*-methylenebis(acrylamide) (MBA), ethylene glycol diacrylate (EGDA) and PEG diacrylate (PEGDA).

Poly (*N*-isopropylacrylamide) (PNIPAm) has been investigated extensively as a thermo-sensitive polymer, which can form thermosensitive hydrogels from free radical copolymerizing of NIPAm with crosslinkers like MBA [54, 55]. PEG-based hydrogels can be prepared by radiation crosslinking of PEG or free radical polymerization of PEG macromers.

PVA is another synthetic hydrophilic polymer that has been explored as hydrogels for tissue-engineering applications [61, 62]. PVA can also be modified with acryloyl chloride or glycidyl methacrylate to generate

reactive acrylate groups through the pendant hydroxyl groups, followed by crosslinking polymerization to form hydrogels. In addition, PVA can blend with other water-soluble polymers to form hydrogels. Polyvinyl alcohol (PVA) based hydrogels have advantageous characteristics of good mechanical strength and high water retaining ability along with properties of biocompatibility, flexibility and can also be used as artificial soft tissue [62].

5. Synthesis of Hydrogels

Hydrogels are synthesized by different polymerization methods using both chemical and physical crosslinking routes. Both natural polymers such as proteins or synthetic polymers like PVA with a high affinity for water can be crosslinked. Different crosslinking methods can be implemented for the design of a hydrogel. The following chemical and physical methods reflect the synthesis of hydrogels. PVA cross-linked membranes were synthesized using glutaraldehyde as cross-linking agent [63].

Chemically crosslinked hydrogels are synthesized by chain growth polymerization, addition and condensation polymerization and gamma and electron beam polymerization.

Chain-growth polymerization includes free radical polymerization, controlled free radical polymerization, anionic and cationic polymerization. It is done by three process viz., initiation, propagation, and termination. After initiation, a free radical active site is generated which adds monomers in a chain link-like fashion.

Poly (*N*-isopropyl acrylamide) hydrogel are synthesized by typical free radical polymerization PVA based hydrogels are prepared by free radical copolymerization. PVA has been cross-linked chemically with monomer (methacrylic acid) in aqueous medium using ethylene glycol di-methacrylate (EGDMA) as cross-linking agent and benzoyl peroxide as reaction initiator. Monomer MAA is used to impart pH sensitive characteristics. This pH sensitive chemically cross-linked PVA hydrogels is a promising delivery system for colonic delivery of 5-fluorouracil in colorectal cancer [64].

Controlled living radical polymerizations offer the benefits of longer growing chain life compared to free radical polymerizations for macromolecular engineering.

Anionic and Cationic polymerization methods suffer from extreme sensitivity toward aqueous environments and therefore, are not used in the synthesis of polymeric hydrogels.

Addition and condensation polymerization involves stepwise addition of Polyfunctional crosslinking agents with monomer functional groups. Water soluble monomers can be converted into hydrogels using crosslinking agents such as tetramethylethylenediamine (TEMED). Polymer chains may be crosslinked in the presence of water to form a hydrogel. Water occupies voids in the network, giving the hydrogel its

characteristic surface properties. Polyurethanes, polyesters, or nylon polymers are most commonly synthesized for hydrogel applications [65].

Gamma and electron beam polymerization involves high energy electromagnetic irradiation as crosslinker. These high energy radiations can crosslink water-soluble monomer or polymer chain ends without the addition of a crosslinker. During irradiation, using a gamma or electron beam, aqueous solutions of monomers are polymerized to form a hydrogel. Gamma and electron beam polymerizations also involves the initiation, propagation, and termination steps as in the free radical polymerization. Hydroxyl radicals are formed and initiate free radical polymerization among the vinyl monomers which propagate in a rapid chain addition fashion [65]. The hydrogel is finally formed once the network reaches the critical gelation point. This process has an advantage over other crosslinking methods since it can be performed at room temperature and in physiological pH without using toxic and hard to remove crosslinking agents such as potassium persulfate [65].

Physically crosslinked hydrogels are synthesized by ionic interaction, crystallization, stereocomplex formation, hydrophobized polysaccharides, protein interaction and hydrogen bond.

In ionic interactions, hydrogels can be crosslinked under mild conditions, at room temperature and physiological pH. This process of cross-linking doesnot require presence of ionic groups in the polymer. The use of metallic ions yield stronger hydrogel [65].

For stereocomplex formation, a hydrogel is formed through crosslinking that is formed between lactic acid oligomers of opposite chirality [65].

Hydrophobic interactions results in the polymer to swell and uptake water that forms the hydrogel. Polysaccharides such as chitosan, dextran, pullulan and carboxymethyl curdlan [65] are reported in literature for the preparation of physically crosslinked hydrogels by hydrophobic modification.

Protein interaction involves block copolymers that contains repetition of silk-like and elastine-like blocks called ProLastins [65]. These ProLastins are fluid solutions in water and can undergo a transformation from solution to gel under physiological conditions because of the crystallization of the silk-like domains [65].

Poly Acrylic Acid (PAA) and Poly Methacrylic Acid (PMA) form complexes with Poly Ethylene Glycol (PEG) from the hydrogen bonds between the oxygen of the PEG and carboxylic group of PMA [65]. This interaction allows for the complex to absorb liquids and swell at low pH which transforms the system into a gel. Crystallization involves freezing-thawing process and creates a strong and highly elastic gel [66]. PVA hydrogels can be formed by physically crosslinking through repeated freezing/thawing methods, or chemically crosslinked with glutaraldehyde or epichlorohydrin. Table 1 shows the name of some hydrogels, cross-linking agents and their applications.

Table 1. Hydrogels, crosslinking agent and their applications

Hydrogel	Cross linking agent	Applications
Poly Vinyl Alcohol	Sodium borate/boric acid [10]	Packaging
Polyvinyl alcohol	Glyoxal	Adhesives Plastic films for packaging and water-soluble plastic bags Binders Fuel-resistant hoses
Starch	Glyoxal	Paper industry
Cellulose	Glyoxal	Textile industry
Protein and gelatin	Glyoxal	Food packaging
Polyethylene	Silane	Wires, cables, pipes heat shrinkable tubes
Agarose and chitosan	Oxidized dextrans [67]	Tissue engineering applications
Chitosan	Glutaraldehyde [68]	Scaffold of hepatocyte
Guar gum	Epichlorohydrin [69]	Biomedical application
Gellan gum	Endogen polyamine spermidine [70]	Drug delivery
Glycol chitosan	Oxidized alginate [71]	Drug delivery
Hydroxamated alginates	Zinc [72]	Drug delivery
Alignite bead	Zinc [73]	Drug delivery
Scleroglucan	Borax [74]	Drug delivery
Poly(acrylic-co-vinylsulfonic) acid	Ethylene glycol dimethacrylate (EGDMA) [75]	Drug delivery
Polyacrylamide	<i>N,N'</i> -methylenebisacrylamide [76]	Dehydrating agent
Polyacrylamide/guar gum graft copolymer	Glutaraldehyde [77]	Sorbent material for chromium ion (Cr (VI))
Polyacrylamide/guar gum graft copolymer	Glutaraldehyde [78]	Water transport and drug release

6. Conclusions

Chemical cross-linking is a highly versatile method to improve the mechanical property of the hydrogels. However, cross-linking agents are often toxic compounds and not environmental friendly. They give unwanted reactions with the bioactive substances present in the hydrogel matrix. The adverse effects of chemical cross-linking can be avoided by the process of physical cross linking using radiation or electron beam method. Radiation cross-linking is more advantageous as the amount of cross-linking can be controlled by the amount of dose used and is an *energy efficient* and *cleaner* process with no unwanted residuals in the products.

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